

IDIOMS & PHRASES (01-31MAR21)

1. **a wolf in (sheep's) clothing** (phrase) – a person or thing that looks to be good or friendly but is very dangerous/bad in reality.
2. **open the floodgates** (phrase) – to make something easier for a lot of things to happen (or) to make it possible for a lot of people to start doing something that was not permitted previously.
3. **a shot in the arm** (phrase) – (figuratively) boost, fillip, stimulus, impetus, encouragement; (literally) an injection of drugs.
4. **on the anvil** (phrase) – in a state/condition of discussion (not implemented); being discussed or prepared but is not yet ready.
5. **take the wind out of someone's sails** (phrase) – If you take the wind out of someone's sails, you keep/prevent them from reaching their objectives. You create a barrier or block them in some way; disappoint, let down, discourage.
6. **scratch the surface** (phrase) – deal with something very casually.
7. **read down** (phrase) – an instance of a court urging that a statute must be construed/interpreted legally, if fairly possible, so as to save it from being declared illegal.
8. **take a (long) hard look at** (phrase) – to think about something (a problem or issue) carefully.
9. **have one's work/task cut out** (phrase) – be faced with a tough task/work.
10. **lower the bar** (phrase) – fix/make the standards (lower) with the purpose of meeting them easily and then qualify for something.
11. **tell its own tale** (phrase) – to be self-evident; be revealing.
12. **clear the decks** (phrase) – get ready for a specific action/event (by getting rid of all other hindrances that may hamper the event/action).
13. **burn a hole in someone's pocket** (phrase) – used to refer to someone who spends money immediately after they earn it.
14. **make a killing** (phrase) – make a large profit, make a fortune, gain, profit, make (a lot of) money.
15. **cut to the present** (phrase) – get/come to the point or present situation (without spending more time on other things).
16. **the mother of all** (phrase) – an extreme example of (its kind); an ultimate example of (its kind); the greatest of (its kind); the largest of (its kind).
17. **tilt the scales/balance** (phrase) – to change the balance of a situation, so that one side is gaining an advantage.
18. **cold comfort** (phrase) – poor/slight consolation or empathy.
19. **game of chicken** (phrase) – a competitive situation in which neither of the two contesting people wants to withdraw (back down) or let other win, even though not withdrawing can be very dangerous/harmful.
20. **a double-edged sword** (phrase) – (used with a figurative meaning to explain) something which is having both good and bad outcomes.
21. **house-of-cards** (phrase) – used to refer to something (structure/scheme/situation, etc.) which is shaky/insecure.
22. **on a side note** (phrase) – it means you are about to mention something that is less significant/important to the subject matter; by the way, incidentally.
23. **in itself** (phrase) – of itself, by itself, as such.
24. **all along** (phrase) – from the beginning, all the time.
25. **with respect to** (phrase) – concerning, regarding, relating to, with reference to.
26. **there is no denying** (phrase) – it is undoubtedly true.
27. **in place** (phrase) – set up, established, arranged.
28. **far from** (phrase) – not, not at all, nowhere near.
29. **in the absence of** (phrase) – without.
30. **leave alone** (phrase) – stop disturbing something, stop interfering with something.
31. **in order to** (phrase) – with the purpose/aim of.
32. **make use of** (phrase) – use, utilize, employ.
33. **make up one's mind** (phrase) – decide, be decisive, make a decision.
34. **on offer** (phrase) – available.
35. **at a crossroads** (phrase) – at a situation when an important decision ought to be made.
36. **on the back foot** (phrase) – in a defensive position, off-balance, at a disadvantage.
37. **make progress** (phrase) – move forward, make strides; proceed, advance, improve.
38. **in touch** (phrase) – in contact, communication, connection.
39. **on the cards** (phrase) – likely, possible, expected, in the offing.
40. **in someone's interests** (phrase) – to the advantage of, for the sake of, for the benefit of.
41. **as long as** (phrase) – given that; when/while.
42. **thanks to** (phrase) – as a result of, owing to, due to, because of.
43. **pull the plug** (phrase) – discontinue, wind up, stop, end, terminate.
44. **in the pipeline** (phrase) – in the process of being planned/developed.
45. **out of the woods** (phrase) – out of difficulty.

46. **due to** (phrase) – because of, owing to, on account of, as a result of.
47. **at best** (phrase) – only, merely.
48. **the clock is ticking** (phrase) – the time is passing quickly and there is not much time.
49. **best bet** (phrase) – reliable and successful idea or course of action.
50. **get back on track** (phrase) – to return to the right direction (after a problem).
51. **to be sure** (phrase) – certainly, surely; used to highlight something.
52. **a sense of urgency** (phrase) – it means “doing what needs to be done immediately, without being asked and in the most thorough way possible (in order to create change/achieve something).
53. **take a hit** (phrase) – experience, encounter, receive, endure, suffer (damage/loss).
54. **in the wake of** (phrase) – as a result of, in the aftermath of, as a consequence of.
55. **come as a surprise** (phrase) – to make someone feel surprised.
56. **more so** (phrase) – it means that to a greater degree.
57. **spiral/spin out of control** (phrase) – change/move in an uncontrolled way & quickly.
58. **set the stage for** (phrase) – prepare the circumstances for the beginning of something.
59. **for instance** (phrase) – as an example.
60. **on the rise** (phrase) – increasing.
61. **so far as** (phrase) – to the extent.
62. **so far** (phrase) – until now, up to the present, up to this point.
63. **in these respects** (phrase) – used to indicate that what you are saying applies to the features you have just mentioned.
64. **on the horizon** (phrase) – imminent, impending, approaching, near/close, just around the corner.
65. **to the core** (phrase) – completely, totally, absolutely, entirely.
66. **regardless of** (phrase) – despite, notwithstanding, in spite of.
67. **on the contrary** (phrase) – conversely, just the opposite.
68. **seize the opportunity** (phrase) – take advantage of, benefit, gain.
69. **for a song** (phrase) – very cheaply.
70. **in the name of** (phrase) – for the sake of.
71. **be history** (phrase) – be considered as no longer applicable to the current situation.
72. **case-by-case** (phrase) – individual; item-by-item.
73. **on a par with** (phrase) – comparable with, equivalent to, as equal to, on a level with.
74. **can ill afford** (phrase) – to prevent something from happening because it would be embarrassing and cause problems (if it happens).
75. **so much as** (phrase) – hardly, barely, scarcely.
76. **state of affairs** (phrase) – condition, situation, circumstances.
77. **what is more** (phrase) – moreover.
78. **flow from** (phrase) – come from, be rooted in, originate from, emanate from.
79. **take advantage of** (phrase) – make use of, utilize, put to use, use, capitalize on, draw on.
80. **in terms of** (phrase) – with regard to, regarding/concerning, in connection with.
81. **lay to rest** (phrase) – to end something.
82. **for the time being** (phrase) – for now, for the moment, for the present, for a short time.
83. **take a back seat** (phrase) – take a less important role.
84. **under way** (phrase) – in progress, happening, occurring, taking place.
85. **make public** (phrase) – announce, communicate, make known, disseminate.
86. **the need of the hour** (phrase) – some (urgent) need/requirement/demand at a particular point of time.
87. **among other things** (phrase) – used to indicate that there are several more things like the one mentioned, but that you do not intend to mention them all.
88. **the scheme of things** (phrase) – in the way things normally/generally happen or arranged to happen (when compared with/related to other things) in a particular situation; a general view of the situation as a whole.
89. **window of opportunity** (phrase) – a short period of time in which one has a chance to do/achieve something; lucky chance, good time, golden opportunity, suitable time/moment, opportune occasion.
90. **tried and tested** (phrase) – reliable, dependable, trustworthy, certain/sure.
91. **lay someone open to** (phrase) – expose someone, make someone vulnerable, make someone subject to the risk of (something).
92. **tighten noose** (phrase) – (figuratively) something which makes a situation more difficult.
93. **keep someone on a leash** (phrase) – to control someone.
94. **take a step back** (phrase) – to withdraw oneself from something temporarily in order to think about it in a new way completely.
95. **wind beneath the wings of** (phrase) – lift someone up and help/support them get to where want to go.
96. **a shadow of your former self** (phrase) – If someone or something is a shadow of their former self, they are very much less powerful, strong, impressive than they used to be.
97. **step into someone's shoes** (phrase) – take control of a task/job from another person.
98. **put/keep one's house in order** (phrase) – improve one's own behaviour before criticizing others.
99. **cut one's losses** (phrase) – to stop an activity that is in loss or failure.
100. **on one's knees** (phrase) – in a weak state/condition.
101. **quid pro quo** (phrase) – “something for something”; support in exchange for something.

102. **read someone the Riot Act** (phrase) – warn, criticize, reprimand someone severely.
103. **have a brush with** (phrase) – have an encounter/clash with, come in conflict with (something unpleasant).
104. **leave in one's wake** (phrase) – to cause an effect remaining for a long time because of someone's actions/behaviour.
105. **a tall order** (phrase) – demanding, exacting, difficult, unreasonable, impossible (thing).
106. **bring to the fore** (phrase) – to move something forward to a most important position (to make it more visible).
107. **change of guard** (phrase) – (figuratively) a situation in which a person assigned with a task/responsibilities in a firm/institution/organisation is replaced by another person.
108. **as far as – is concerned** (phrase) – with regard to a particular person or situation.
109. **take center stage** (phrase) – to become very important/significant (person/thing) in a situation; to be at the centre of attention.
110. **matter of concern** (phrase) – something which causes worry.
111. **out of line** (phrase) – not in accordance with something.
112. **give rise to** (phrase) – produce, bring about, cause, lead to, result in, effect.
113. **in no way** (phrase) – not at all, certainly not, by no means.
114. **at home** (phrase) – in one's own country/place.
115. **for now** (phrase) – for the moment, for the present, for the meantime.
116. **bring to a halt** (phrase) – put to a stop.
117. **take for granted** (phrase) – understand, assume, presume (something is true without cross-questioning it); For example, if people take something for granted, they do not place much value on it. Or you believe it to be true, real or expected.
118. **the new normal** (phrase) – an earlier unusual situation that becomes a standard now.
119. **of any kind** (phrase) – of any sort, whatsoever, whatever, at all.
120. **writ large** (phrase) – very clear, more obvious.
121. **set the tone** (phrase) – to establish the mood/feeling of something.
122. **go north** (phrase) – go up, increase.
123. **lead from the front** (phrase) – to demonstrate leadership (skills) by taking active role in what you are asking others to do.
124. **within reach** (phrase) – achievable, obtainable, realizable.
125. **at play** (phrase) – in effect, happening.
126. **liken someone to** (phrase) – compare, equate, correlate.
127. **up to** (phrase) – indicating a maximum amount.
128. **fly in the face of** (phrase) – go against, flout, defy, disobey, disregard, ignore.
129. **on account of** (phrase) – because of, owing to, due to, by virtue of.
130. **run counter to** (phrase) – to be opposed to, to be in conflict with.
131. **follow suit** (phrase) – emulate, copy, follow, take (another's actions as an example).
132. **sort of** (phrase) – to some extent, somewhat, somehow, slightly.
133. **in store** (phrase) – about to happen.
134. **in substance** (phrase) – essentially.
135. **stay the course** (idiom) – work hard till the end to accomplish the task.
136. **serve well** (phrase) – be useful, be beneficial.
137. **on the ground** (phrase) – in a situation/place where things are happening really/practically.
138. **at hand** (phrase) – readily available, handy, within reach; nearby, coming soon, about to happen.
139. **take place** (phrase) – happen, occur, transpire.
140. **lose sight of** (phrase) – pay no attention to, fail to consider, fail to be aware of.
141. **decades gone by** (phrase) – 10 years in the past.
142. **all but one** (phrase) – all except one.
143. **come as no surprise** (phrase) – something which is not surprising someone, but is as expected one.
144. **up against** (phrase) – confronted with, faced with, opposed by.
145. **in accordance with** (phrase) – in agreement with, in conformity with, in line with, in compliance with.
146. **fall asleep** (phrase) – doze off, go to sleep.
147. **dispose of** (phrase) – throw away, throw out, get rid of, do away with, discard, jettison, abandon.
148. **at times** (phrase) – sometimes, occasionally, now and then.
149. **in favour of** (phrase) – in support of, to the advantage of, approve of.
150. **rather than** (phrase) – instead of.
151. **short of** (phrase) – less than.
152. **make way (for)** (phrase) – move aside, clear the way, stand back, make room.
153. **have less to do with** (phrase) – have less contact/connection with.
154. **build bridges** (phrase) – encourage/support friendly relationship between different groups.
155. **fall into the hands of** (phrase) – be captured by, be possessed by (someone).
156. **in spite of** (phrase) – despite, notwithstanding, regardless of.
157. **in the nature of** (phrase) – by means of, by way of, along the lines, in the form.
158. **sit on one's hands** (phrase) – be inactive; to do nothing; take no action.
159. **no fewer than** (phrase) – used to emphasize that a number is surprisingly large.
160. **nothing short of** (phrase) – nothing less than.
161. **by comparison** (phrase) – when compared, comparatively, in comparison, proportionately.

162. **rest on someone's shoulders** (phrase) – to become someone's responsibility.
163. **make a mockery of** (phrase) – make something to look foolish/absurd.
164. **pull oneself together** (phrase) – to regain one's self-control or composure.
165. **beg the question** (phrase) – raise a point; invite question.
166. **far more** (phrase) – a lot more, much more.
167. **to an extent** (phrase) – somewhat, partly, fairly.
168. **not long ago** (phrase) – a short time ago, in the last few days/weeks/months.
169. **draw attention to** (phrase) – to make someone notice something; emphasize, highlight, underscore; focus on.
170. **by way of** (phrase) – via, by means of, as a form of.
171. **at the expense of** (phrase) – at the cost of, at the loss of; at the sacrifice of.
172. **as opposed to** (phrase) – in contrast with, as against, as contrasted with.
173. **put in place** (phrase) – establish, set up, create/form.
174. **stay afloat** (phrase) – stay out of debt; stay out of problem or difficulty.
175. **at someone's pleasure** (phrase) – at the time when someone prefers/desires.
176. **bring someone to heel** (phrase) – conquer, vanquish/defeat, crush.
177. **be at the receiving end** (phrase) – be subjected to something (criticism/attack).
178. **inch by inch** (phrase) – slowly, moderately, unspectacularly.
179. **call to account** (phrase) – criticize, censure, reprove, admonish, rebuke.
180. **wear thin** (phrase) – (feeling, explanation, activity &, etc.) to become weaker; to become less effective; to become out-of-date or less popular; to become less convincing; to become less acceptable (gradually).
181. **When the rubber hits/meets the road** (phrase) – it refers to the point at which a conceptual/theoretical idea/plan is tested out practically.
182. **have another string to one's bow** (phrase) – have another resource that one can use.
183. **throw down the gauntlet** (phrase) – challenge, confront, dare.
184. **the tip of the iceberg** (phrase) – if something is the tip of the iceberg, it is a small part of a much larger issue. This phrase is being used while talking about a problem.
185. **bring someone/something to their/its knees** (phrase) – to overpower someone/something and make their/its condition extremely weak.
186. **come out on the streets/take to the streets** (phrase) – (of a crowd) to come together in the streets to display communal harmony in either celebration or opposition.
187. **take the shine off** (phrase) – destroy, ruin, spoil (the brilliance/exceptional talent/delight of something).
188. **the lion's share** (phrase) – the most of something, the largest part of something; the greater number of, the main part of, more than half of, the bulk of something.
189. **when two elephants fight the grass suffers** (phrase) – the weak/vulnerable (people) suffer in a clash between the powerful people.
190. **takes a tough/hard line** (phrase) – to handle with someone or something firmly/strictly and refuse to change your opinion or decision.
191. **the elephant in the room** (phrase) – it is mostly used to refer to a serious problem – one which people are aware of, but choose to ignore. They think that if they do not talk about it, the problem will somehow disappear.
192. **(be) at pains** (phrase) – try hard, make a great effort, struggle, strive.
193. **bear testimony to** (phrase) – bear witness to, be evidence of, be proof of, prove.
194. **play to the gallery** (phrase) – instead of doing his/her job, is keen on winning popularity.
195. **on the cusp of** (phrase) – a point where something will change from one state to another.
196. **get stuck in** (phrase) – embark on, set about, work at, get down on.
197. **turn something on its head** (phrase) – to turn something upside down, to reverse something entirely.
198. **in one's favour** (phrase) – to one's benefit/advantage.
199. **from time to time** (phrase) – sometimes, occasionally, now and again.
200. **play catch-up** (phrase) – try to match a rival/competitor (in a sport or game or contest).
201. **keep at bay** (phrase) – prevent someone/ something from coming nearer.
202. **for better or for worse** (phrase) – whether the end result of something is good or bad.
203. **front and centre** (phrase) – in the front line; in the most prominent position.
204. **in the crosshairs** (phrase) – something which is being aimed at by. (crosshairs – very thin crossed wires in the microscope/gun/etc which are used to focus/aim something precisely).
205. **on one's guard** (phrase) – vigilant, alert, on the alert, wary, circumspect.
206. **to perfection** (phrase) – without fault, superbly, superlatively, excellently.
207. **leave open** (phrase) – keep undecided.
208. **fall in line** (phrase) – conform to, adhere to, abide by (the established rules).
209. **take shape** (phrase) – become clear/definite, become tangible, fall into place.
210. **make inroads in** (phrase) – progress/advance into (a new area/territory).

211. **in sight** (phrase) – near at hand, close to being realized; visible, noticeable.
212. **in mind** (phrase) – in someone's thinking.
213. **in respect of** (phrase) – with respect to; concerning, regarding.
214. **in practice** (phrase) – in reality, actually, practically.
215. **have a bearing on** (phrase) – have a relevance/relation to something.
216. **remain to be seen** (phrase) – used to mention the idea/view that something is not yet known.
217. **in the course of** (phrase) – during, in the process of, in the time of.
218. **in the face of** (phrase) – despite, notwithstanding, regardless of; when confronted with.
219. **at large** (phrase) – as a whole, generally, extensively.
220. **in character** (phrase) – usual, typical, normal.
221. **strike a balance** (phrase) – find a fair & reasonable line of action between two contrasting things.
222. **lay emphasis on** (phrase) – to emphasize the importance of something.
223. **so as to** (phrase) – in order to.
224. **on a platter** (phrase) – used to mention that someone receives something with no effort.
225. **in the same vein** (phrase) – in the same style; of similar kind.
226. **by and large** (phrase) – generally, altogether, all things considered.
227. **bridge the gulf/gap** (phrase) – try to find a way to reduce the gap and bring the two separate viewpoints together.
228. **take into account** (phrase) – consider, take into consideration, have regard to, reckon with.
229. **in the short term** (phrase) – in the (near) future.
230. **in the public realm/domain** (phrase) – if something (e.g. information) is in the public domain, people generally know about it since it is not secret.
231. **on the road** (phrase) – on the path/course (to achieve a specified result).
232. **common ground** (phrase) – shared opinions, beliefs (or interests).
233. **public good** (phrase) – the benefit, advantage, or well-being of the public.
234. **case in point** (phrase) – example, instance, typical case, sample.
235. **in fact** (phrase) – actually, really, as a matter of fact.
236. **keep pace with** (phrase) – progress at the same speed as.
237. **weigh on (one's) mind** (phrase) – to create/produce a lot of worry/problem, particularly for a long period of time.
238. **pave the way for** (phrase) – clear the way for, make preparations for, put things in order for.
239. **as well as** (phrase) – and also, and in addition.
240. **one's strong suit** (phrase) – forte, strong point, strength, talent, skill.
241. **strike a note** (phrase) – express/communicate, call/bring to mind, cite.
242. **in a sense** (phrase) – partly; in some way(s); in a way, somewhat.
243. **carry the day** (phrase) – win, accomplish, gain, secure, effect.
244. **the other way around** (phrase) – oppositely, in reverse, conversely, inversely.
245. **in contrast to** (phrase) – in opposition to.
246. **precious little** (phrase) – very little.
247. **on behalf of** (phrase) – in the interests of, in support of, for the benefit of.
248. **win the day** (phrase) – be victorious.
249. **a level playing field** (phrase) – a situation in which everyone has a fair and equal opportunity to succeed, and no one has an advantage over the other.
250. **own up** (phrase) – accept responsibility, acknowledge, acknowledge that, tell the truth.
251. **come/get in the way of** (phrase) – interfere with, hamper, hinder, obstruct, prevent, impede.
252. **in existence** (phrase) – continuing, existing, around.
253. **put to rest** (phrase) – to stop people from concerning/doubting about an issue by explaining/resolving it.
254. **over time** (phrase) – it describes something which happens gradually.
255. **on the back of** (phrase) – as a result of, after, subsequent to.
256. **in particular** (phrase) – to be specific, especially, specifically.
257. **the fact that** (phrase) – used to mention a specific condition in a conversation.
258. **at all** (phrase) – in any way, by any means.
259. **set in motion** (phrase) – start, begin, activate, initiate, launch; trigger off, set off, cause, bring about.
260. **hold accountable for** (phrase) – to say that someone should accept the responsibility for something bad/unpleasant (that has happened).
261. **plan of action** (phrase) – scheme, system, strategy.
262. **to give effect** (phrase) – to make valid; to put into practice; make operative.
263. **with the exception of** (phrase) – except, excluding, not including, omitting, leaving out, barring.
264. **do violence to** (phrase) – damage, affect something badly.
265. **difference of opinion** (phrase) – disagreement, difference, dispute.
266. **have/get one's (own) way** (phrase) – to get or do what one desires despite objection from others.
267. **buy time** (phrase) – delay, linger, be slow, hold back, lag behind.
268. **on board** (phrase) – on to a team.
269. **in focus** (phrase) – clear-cut, clear, well defined, well-focused.
270. **make clear** (phrase) – explain, clarify, elucidate.

271. **over and above** (phrase) – in addition to, on top of, as well as, besides.
272. **a long way to go** (phrase) – a lot of work to be done before achieving success.
273. **status quo ante** (phrase) – a Latin phrase meaning “the state of affairs existing before” (or) “the way things were before”.
274. **the tail wags the dog** (phrase) – a situation in which an unimportant thing dominates/controls the whole of other important thing(s).
275. **hold the field** (phrase) – remain (most) significant/important.
276. **separate the wheat from the chaff** (phrase) – to separate the valuable (people/things) from the useless/useless in a group.
277. **at cross purposes** (phrase) – If two or more people are at crosspurposes, they are with (opposite) aims/goals that are completely different from each other.
278. **a place in the sun** (phrase) – a good, successful, advantageous or favourable position.
279. **conspicuous by one’s absence/silence** (phrase) – noticeably not present where one should be.
280. **first off the mark** (phrase) – doing something more quickly than anyone else.
281. **not to be outdone** (phrase) – do something better than another person (and also wish that no one can do the same thing better than you).
282. **on the mat** (phrase) – in a position to face a reprimand/criticism/rebuke; become involved in argument/fight about something fiercely.
283. **fire is a good servant but a bad master** (phrase) – fire is useful if it is controlled properly, but it becomes dangerous/destructive if it is left uncontrolled.
284. **there was no disputing the fact that** (phrase) – there is no doubt that it is correct or true.
285. **turn the tide** (phrase) – to change/reverse a situation.
286. **as many as** (phrase) – considerable, substantial.
287. **in contrast** (phrase) – when compared to another.
288. **in absolute terms** (phrase) – measured by itself, not in comparison with other things.
289. **bear the brunt** (phrase) – to suffer or endure the worst part of something (force/burden/pressure) when a very bad or unpleasant thing happens.
290. **to the hilt** (phrase) – completely, totally, entirely.
291. **letter and spirit** (phrase) – adhering to/obeying both literal interpretation/wording and the spirit/intent/purpose of the law.
292. **play a part/role** (phrase) – contribute to, be instrumental in, be a factor in.
293. **at/in/to the forefront of** (phrase) – be in a leading/front/important position in an important activity; spearhead, van guard, front line, leading position.
294. **as a result** (phrase) – subsequently, therefore, thus.
295. **even so** (phrase) – anyway, however, in spite of that.
296. **the way forward** (phrase) – something (a plan/action) that leads to success in the future.
297. **turn a blind eye** (phrase) – overlook, disregard, neglect, ignore, gloss over.
298. **pay attention** (phrase) – heed, attend, be attentive, concentrate on.
299. **come into force** (phrase) – come to effect (a new law, rule, change etc.).
300. **as a whole** (phrase) – all together, as a group, in general.
301. **sooner or later** (phrase) – eventually, in the end, finally.
302. **keep something under the control of** (phrase) – control, restrain, restrict, suppress.
303. **to date** (phrase) – until now, so far, thus far.
304. **put simply/simply put** (phrase) – used for saying that you are just giving the basic facts about a complicated situation.
305. **hold someone to account** (phrase) – to require a person to explain or to accept responsibility for his or her actions; to blame or punish someone for what has occurred.
306. **break free** (phrase) – escape from.
307. **in the aftermath of** (phrase) – as a consequence of, as a result of.
308. **of one’s choice** (phrase) – as decided/desired by oneself.
309. **break the silence** (phrase) – talk about something that has not been discussed for a long period of time; give voice.
310. **put something in perspective** (phrase) – to assess the true value/importance of something.
311. **fall short of** (phrase) – fail to meet/reach; be deficient/inadequate/insufficient.
312. **in accord with** (phrase) – in accordance with, in agreement with, consistent with.
313. **in the midst of** (phrase) – in the middle of.
314. **take note** (phrase) – pay attention, take into consideration, watch.
315. **at stake** (phrase) – at issue, at risk; or in question.
316. **in addition** (phrase) – as well as, additionally, moreover.
317. **hand-in-hand** (phrase) – together, in partnership, closely.
318. **cause for concern** (phrase) – a reason to worry (feel anxious).
319. **as it stands** (phrase) – in the present condition.
320. **put something on hold** (phrase) – postpone, put off, put back, hold off.
321. **in the dark** (phrase) – unaware of, ignorant of, uninformed about.
322. **in turn** (phrase) – in succession, successively, sequentially.
323. **in this regard** (phrase) – in connection with the aspect/consideration/point referred to earlier.
324. **in short order** (phrase) – immediately, at once, instantly, directly.

325. **focus attention on** (phrase) – highlight, spotlight, underline, call attention to, draw attention to; emphasize.
326. **suo motu** (phrase) – Latin term means “on its own motion”. It is used where a government agency acts on its own knowledge.
327. **take cognisance of** (phrase) – notice, attend to, take into account, give attention to.
328. **in line with** (phrase) – in alignment with, in accordance with, conforming to.
329. **in sum** (phrase) – briefly, in a nutshell, to come to the point, in essence.
330. **year after year** (phrase) – regularly/continuously every year.
331. **in detail** (phrase) – fully, thoroughly, carefully, completely, in-depth.
332. **fall under** (phrase) – to come under; to be classified as; to be considered as something.
333. **off the mark** (phrase) – inaccurate, incorrect, wrong.
334. **by its very nature** (phrase) – in essence, intrinsically.
335. **as much as** (phrase) – almost, nearly the same as.
336. **pull out all the stops** (phrase) – to make every effort to succeed; to do everything possible, try hard to achieve something.
337. **lose ground** (phrase) – retreat or lose (a commanding position/advantage) to become less popular.
338. **all but** (phrase) – nearly, almost, just about, more or less, practically, virtually.
339. **put an end to** (phrase) – stop, terminate, abolish.
340. **shoot oneself in the foot** (phrase) – to do or say something that causes trouble/difficulty for oneself.
341. **play with** (phrase) – take advantage of, impose on, exploit, make use of, use, abuse, misuse.
342. **show of force** (phrase) – a display/demonstration of one’s power/influence.
343. **push (someone/something) over the cliff/edge** (phrase) – to make someone/something start to behave uncontrollably.
344. **bread and butter** (phrase) – living, livelihood, means of subsistence, income.
345. **hit the roof** (phrase) – to become very angry.
346. **pay homage to** (phrase) – pay tribute to, commemorate, honour/salute.
347. **raise eyebrows** (phrase) – show surprise.
348. **play the — card** (phrase) – to make use of something to gain advantage/sympathy.
349. **go to town** (phrase) – to do something with great energy and in an enthusiastic way.
350. **fancy someone’s chances** (phrase) – to have faith in someone’s talent and believe that he/she is likely to be successful.
351. **from the ground** (phrase) – elementary level.
352. **at will** (phrase) – as one wishes, to suit oneself, at one’s pleasure, at one’s discretion.
353. **at the cost of** (phrase) – by sacrificing/losing/giving up something.
354. **miss the point** (phrase) – overlook, fail to understand.
355. **(with/at the) stroke of a pen** (phrase) – used to highlight that something important is done quickly & easily by signing a document.