

### PHRASAL VERBS (01-28FEB21)

1. **beat down** (phrasal verb) – wear down, tire down, overcome, overpower, destroy (someone slowly/gradually to the point of surrender/defeat).
2. **face down** (phrasal verb) – stand up to, confront, defy, stare down, overawe, intimidate, browbeat.
3. **put down** (phrasal verb) – suppress, put an end to, crush, quash, quell, overthrow.
4. **predicate on/upon** (phrasal verb) – base, be dependent, found, establish, premise.
5. **roll out** (phrasal verb) – launch, introduce, organize, inaugurate (something officially).
6. **wind down** (phrasal verb) – come to an end, draw to a close, wind up, close down.
7. **harp on** (phrasal verb) – talk or write/complain continuously and lengthy on a particular subject.
8. **pan out** (phrasal verb) – turn out, result, come out, develop.
9. **carry over** (phrasal verb) – retain something and continue it to exist or apply in the new situation.
10. **factor in** (phrasal verb) – take into account, take into consideration, consider, regard.
11. **hold back** (phrasal verb) – stop, discontinue, withhold; restrict, restrain, block.
12. **rein in** (phrasal verb) – to control, restrain, restrict, limit someone/something.
13. **wish away** (phrasal verb) – to desire or hope that a problematic issue or situation will disappear without (you) doing anything about it.
14. **wipe out** (phrasal verb) – eliminate, abolish, remove (completely).
15. **bow to** (phrasal verb) – give in, give way, yield, submit, surrender, capitulate, adhere, conform.
16. **drag on** (phrasal verb) – continue, keep going, go on boringly/tediously.
17. **run up** (phrasal verb) – accumulate, accrue, amass, collect, gather.
18. **face up to** (phrasal verb) – deal with, tackle, confront (a difficult situation).
19. **drive away** (phrasal verb) – make or force someone to go way/stay away from something.
20. **swear in** (phrasal verb) – admit into office, inaugurate, introduce (into office).
21. **weigh in** (phrasal verb) – to have influence (in a decision/discussion/plan/argument/activity); be important to, carry weight, make an impression on, make a strong contribution to.
22. **step up** (phrasal verb) – speed up, increase, accelerate, quicken.
23. **point out** (phrasal verb) – identify, mention, indicate, draw attention to.
24. **go beyond** (phrasal verb) – to go past something, exceed, surpass.
25. **go through** (phrasal verb) – undergo, experience, be subjected to, live through.
26. **bring back** (phrasal verb) – start doing something again; cause something to return to; reintroduce.
27. **call for** (phrasal verb) – require, publicly ask/necessitate, demand.
28. **live up to** (phrasal verb) – satisfy, fulfil, achieve, meet.
29. **scale down** (phrasal verb) – reduce, lower, decrease.
30. **set out** (phrasal verb) – present, describe, set forth.
31. **embark on** (phrasal verb) – start, begin, initiate/commence.
32. **take over** (phrasal verb) – assume control of, take control of, assume responsibility for.
33. **end up** (phrasal verb) – come/appear, find oneself (to a particular course of action in the end).
34. **account for** (phrasal verb) – constitute, comprise, form, represent.
35. **slow down** (phrasal verb) – reduce, lessen decrease (one's activity).
36. **pull in** (phrasal verb) – succeed in obtaining something.
37. **go by** (phrasal verb) – follow, observe, abide by.
38. **bring in** (phrasal verb) – introduce, present, initiate, propose.
39. **set aside** (phrasal verb) – disregard, put aside, ignore, forget, shrug off.
40. **move along** (phrasal verb) – progress (along).
41. **keep up** (phrasal verb) – continue, carry on with, maintain.
42. **move away from** (phrasal verb) – change/alter one's ideas/beliefs/views and so.
43. **bring about** (phrasal verb) – cause, produce, give rise to.
44. **gear up** (phrasal verb) – prepare, ready, prime.
45. **step in** (phrasal verb) – act, take action, become involved, get involved.
46. **step out** (phrasal verb) – leave a building/place for a short period of time.
47. **move on** (phrasal verb) – leave & start doing something new.
48. **open up** (phrasal verb) – create (a new opportunity or possibility).
49. **come up with** (phrasal verb) – produce, put forward, present/submit.
50. **give in** (phrasal verb) – capitulate, surrender, yield, submit, comply.
51. **go ahead** (phrasal verb) – to proceed, to continue to do something, to start/begin to do something.
52. **turn out** (phrasal verb) – transpire, emerge; happen.
53. **push through** (phrasal verb) – to make a plan to put something into use as quickly as possible.

54. **carry out** (phrasal verb) – conduct, perform, implement, execute bring about.
55. **come across** (phrasal verb) – seem, appear, look.
56. **put out** (phrasal verb) – issue, publish, release, make public, publicize.
57. **move forward** (phrasal verb) – progress, make progress, advance.
58. **speed up** (phrasal verb) – accelerate, expedite, hurry up.
59. **mask up** (phrasal verb) – to wear a mask (face covering).
60. **push back** (phrasal verb) – force back, repel, fight off.
61. **strike down** (phrasal verb) – abolish, annul, nullify (a law or regulation).
62. **result in** (phrasal verb) – cause, bring on, bring about, call forth, give rise to.
63. **call upon** (phrasal verb) – demand, require, ask formally.
64. **fend off** (phrasal verb) – resist, ward off, block, intercept, halt.
65. **play on something** (phrasal verb) – exploit, take advantage of, use, make use of.
66. **carve out** (phrasal verb) – create, take something (from a larger whole); establish, develop.
67. **seek out** (phrasal verb) – to keep searching for someone or something until you find out them; search out, look around.
68. **sweep away** (phrasal verb) – remove, abolish, overwhelm.
69. **shut out** (phrasal verb) – block, suppress, halt, stop.
70. **burn down** (phrasal verb) – destroy something (a building) by fire.
71. **mete out** (phrasal verb) – dispense, give out, hand out (a punishment).
72. **beat back** (phrasal verb) – repel, fight off, repulse, force back.
73. **come under** (phrasal verb) – be subjected to.
74. **brush aside** (phrasal verb) – dismiss, disregard, ignore.
75. **whip up** (phrasal verb) – arouse, trigger, prompt, induce.
76. **draw upon** (phrasal verb) – to use something in some beneficial way.
77. **crowd out** (phrasal verb) – exclude, remove, dispel.
78. **push aside** (phrasal verb) – turn down, ignore, disregard, forget about, dismiss.
79. **reach out** (phrasal verb) – contact someone to obtain/offer help/assistance/cooperation.
80. **crop up** (phrasal verb) – happen, occur, arise, emerge, appear.
81. **push up** (phrasal verb) – increase, raise.
82. **set up** (phrasal verb) – establish, start/begin, inaugurate, create.
83. **rule out** (phrasal verb) – eliminate, reject, dismiss.
84. **take out** (phrasal verb) – remove, detach, separate.
85. **take up** (phrasal verb) – consume, use up, use, occupy (time).
86. **bank on** (phrasal verb) – rely on, depend on; anticipate, expect.
87. **pass through** (phrasal verb) – go through, experience, undergo.
88. **work to** (phrasal verb) – work, operate within the limitations/restrictions/constraints of something.
89. **look for** (phrasal verb) – seek, search for, scout out, quest after, quest for.
90. **carry forward** (phrasal verb) – have something to continue/handle at a later stage (to make progress).
91. **cut down** (phrasal verb) – reduce, decrease, lessen.
92. **trickle down** (phrasal verb) – pass on benefits to the people at the bottom of the pyramid (by those at top of the system).
93. **lay off** (phrasal verb) – discharge, dismiss, sack/fire (from a job temporarily/permanently).
94. **run out** (phrasal verb) – exhaust, finish, use up, come to an end, end; be out of.
95. **stick to** (phrasal verb) – abide by, hold to, comply with, fulfil, make good.
96. **walk back** (phrasal verb) – reverse, withdraw, retreat.
97. **(be) caught up in** (phrasal verb) – become involved in (something unintended).
98. **rake up** (phrasal verb) – recollect, remember, revive/remind the memory of.
99. **speak out** (phrasal verb) – express, articulate, communicate, convey, voice (something straightforwardly & publicly).
100. **tie in** (phrasal verb) – be consistent, tally, correlate, be in agreement, coincide, be in tune.
101. **catch up with** (phrasal verb) – start to have a damaging/detrimental effect on someone.
102. **stand up to** (phrasal verb) – defy, confront, challenge, oppose openly, resist.
103. **keep off** (phrasal verb) – avoid, stay away from, shun, evade, dodge, bypass.
104. **wrap up** (phrasal verb) – complete/conclude something.
105. **pull out** (phrasal verb) – withdraw, retreat, get/move out.
106. **come out with** (phrasal verb) – utter, say, speak.
107. **flare up** (phrasal verb) – start suddenly, erupt, break out.
108. **back down** (phrasal verb) – reconsider, withdraw, give in, submit, surrender, concede, yield.
109. **stand up** (phrasal verb) – be sound, remain valid, remain strong, hold up.
110. **call up** (phrasal verb) – summon, order (someone) to be present, request/demand the presence of.
111. **lay down** (phrasal verb) – formulate, insist on, establish, determine.
112. **lock down** (phrasal verb) – confine, restraint, enclose, encircle/hem in.
113. **let down** (phrasal verb) – fail to support, abandon, neglect.
114. **come out** (phrasal verb) – become known, come to light, be issued, emerge, transpire.

115. **show up** (phrasal verb) – turn up, arrive, come, be present.
116. **stand in** (phrasal verb) – do duty, act as deputy, substitute/deputize.
117. **look ahead** (phrasal verb) – to think about what will happen in the future.
118. **give up** (phrasal verb) – stop, discontinue, abandon, renounce, forgo.
119. **put away** (phrasal verb) – save, put aside, lay aside, set aside.
120. **lean on** (phrasal verb) – depend on, rely on, count on, bank on.
121. **take on** (phrasal verb) – compete against, oppose, challenge, confront.
122. **hand over** (phrasal verb) – pass, transfer, assign.
123. **bring out** (phrasal verb) – disclose, reveal, expose, become known.
124. **sort out** (phrasal verb) – resolve, find a solution to, rectify.
125. **turn down** (phrasal verb) – reject, refuse, decline, say no to.
126. **rely upon/on** (phrasal verb) – depend on; resort to, bank on.
127. **lose out** (phrasal verb) – fail to benefit from, be disadvantaged, be deprived of; suffer defeat, be the loser.
128. **get away** (phrasal verb) – escape, run away, run off.
129. **break out** (phrasal verb) – flare up, begin/start suddenly, erupt, burst out.
130. **test out** (phrasal verb) – test, try out, trial/pilot, put through, carry out trials on, put to the test.
131. **root for** (phrasal verb) – provide your support for the success of someone or something.
132. **win back** (phrasal verb) – regain, recover, reclaim, get back, retrieve, restore.
133. **queue up** (phrasal verb) – be very interested to do/have something.
134. **rope in** (phrasal verb) – convince someone to participate in an activity.
135. **draw on** (phrasal verb) – make use of, use, employ, utilize.
136. **put forth** (phrasal verb) – put forward, present, propose, offer.
137. **speak of** (phrasal verb) – mention, talk about, discuss, refer to, remark on, comment on.
138. **meet with** (phrasal verb) – experience a particular situation/reaction; deal with, handle.
139. **put oneself in** (phrasal verb) – assign someone to manage/finish a particular task.
140. **stand down** (phrasal verb) – withdraw, resign, leave, quit, step down (from a position or office).
141. **hand back something** (phrasal verb) – to return something back to someone who owns it (previously).
142. **leave aside** (phrasal verb) – to not consider something; ignore, dismiss, push aside.
143. **wake up** (to) (phrasal verb) – realize, become aware of, become heedful of.
144. **whip up** (phrasal verb) – arouse, trigger, prompt, induce.
145. **brush away** (phrasal verb) – ignore, dismiss, disregard, shrug off.
146. **stand out** (phrasal verb) – be noticeable, be visible, be obvious.
147. **play out** (phrasal verb) – happen, occur, take place.
148. **hold up** (phrasal verb) – support, prop up, bolster up, shore up, buttress.
149. **go out** (phrasal verb) – be finished, cease/stop functioning/operating.
150. **build on** (phrasal verb) – develop, enhance, expand.
151. **bring down** (phrasal verb) – reduce, decrease, lessen.
152. **pick up** (phrasal verb) – improve, get better, recover, rally.