#### PHRASAL VERBS (01-31DEC20)

#### A

- 1. **stitch up** (phrasal verb) arrange, organize (a deal/agreement to someone's benefit).
- 2. <u>water down</u> (phrasal verb) reduce, moderate, mitigate, tone down (something to be less forceful or less effective).
- 3. **shave off** (phrasal verb) cut off, reduce, decrease, lesson.
- 4. taper off (phrasal verb) decrease, lessen, dwindle, diminish, reduce.
- 5. **prop up** (phrasal verb) support, assist, help someone/something from the decline.
- 6. open up (phrasal verb) make something available/accessible.
- 7. <u>bring down</u> (phrasal verb) reduce, decrease, lessen.
- 8. <u>stand to</u> (phrasal verb) be in a position, be ready (where one is likely to do something).
- 9. <u>end up</u> (phrasal verb) come/appear, find oneself (to a particular course of action in the end).
- 10. <u>take over</u> (phrasal verb) assume control of, take control of, take charge of.
- 11. show up (phrasal verb) expose, reveal, exhibit, unveil.
- 12. speak of (phrasal verb) mention, talk about, discuss, refer to, remark on, comment on.
- 13. zero in (on) (phrasal verb) focus on, focus attention on, concentrate on, home in on, pinpoint, emphasize.
- 14. <u>rule out</u> (phrasal verb) eliminate, reject, dismiss.
- 15. <u>lean on</u> (phrasal verb) depend on, rely on, count on, bank on.
- 16. crowd out (phrasal verb) eject, exclude, oust, overthrow, remove.
- 17. push up (phrasal verb) increase, raise.
- 18. <u>tie in</u> (phrasal verb) incorporate or involve something; fit in something.
- 19. <u>come through</u> (phrasal verb) be processed/received (methodically).
- 20. <u>read into</u> (phrasal verb) to think that something (an action, remark, or situation) has a particular significance or meaning, often when this is false.
- 21. <u>account for</u> (phrasal verb) constitute, comprise, be responsible for, represent.
- 22. wipe out (phrasal verb) remove, get rid of, dispose of.
- 23. wrap up (phrasal verb) complete/conclude something.
- 24. pare down (phrasal verb) reduce, decrease, lessen.
- 25. <u>put off</u> (phrasal verb) postpone, delay, defer, hold off.
- 26. pull out (phrasal verb) withdraw, leave, disengage, get/move out.
- 27. <u>take back</u> (phrasal verb) be reconciled to, accept (the deal) again after pulled out of it for some time.

- 28. give in (phrasal verb) surrender, yield, submit/capitulate.
- 29. come up with (phrasal verb) produce, put forward, present/submit.
- 30. shoot down (phrasal verb) gun down, hit with a bullet/missile.
- 31. rein in (phrasal verb) restrict, control, limit, restrain.
- 32. <u>rest on</u> (phrasal verb) be based on, depend on, be dependent on, rely on.
- 33. spell out (phrasal verb) explain, make clear, elucidate/clarify.
- 34. go beyond (phrasal verb) to go past something, exceed, surpass.
- 35. <u>call for</u> (phrasal verb) require, request, publicly ask/necessitate, demand.
- 36. <u>distance oneself from</u> (phrasal verb) denounce, disown, reject, condemn, disagree with.
- 37. bank on (phrasal verb) rely on, depend on; anticipate, expect.
- 38. **point out** (phrasal verb) identify, mention, indicate, draw attention to.
- 39. walk out (phrasal verb) depart, get out, leave suddenly; desert, abandon.
- 40. set aside (phrasal verb) disregard, put aside, ignore, forget.
- 41. <u>rush through</u> (phrasal verb) to deal with/act on something very quickly.
- 42. <u>reach out</u> (phrasal verb) contact someone to obtain/offer help/assistance/cooperation.
- 43. shy away from (phrasal verb) avoid, recoil, withdraw nervously (due to fear/surprise/pain/dislike).
- 44. beat back (phrasal verb) repel, fight off, repulse, force back.
- 45. <u>square with</u> (phrasal verb) agree, tally, be in agreement, be consistent, coincide.
- 46. <u>rope in (phrasal verb)</u> convince someone to participate in an activity.
- 47. **siphon off** (phrasal verb) draw off, withdraw, transfer, remove (money from an organisation or business illegally/dishonestly).
- 48. **push through** (phrasal verb) to make a plan to put something into use as quickly as possible.
- 49. <u>come under</u> (phrasal verb) be subjected to (an authority).
- 50. press ahead (phrasal verb) continue, keep going, carry on (one's action).
- 51. <u>frown on/upon</u> (phrasal verb) disapprove of, be against, discourage, dislike, disfavour.
- 52. <u>sweep aside</u> (phrasal verb) disregard, ignore, take no notice of, dismiss, shrug off, brush aside.
- 53. <u>come in for</u> (phrasal verb) receive, experience, meet with, face, be subjected to.

- 54. <u>brazen (it) out</u> (phrasal verb) to act or behave confidently & shamelessly (even after doing something wrong & also by not admitting that); put a bold face on it, be defiant, be unashamed.
- 55. <u>cut through</u> (phrasal verb) to deal quickly & effectively with something that causes difficulty.
- 56. put forward (phrasal verb) propose, introduce, submit, present.
- 57. <u>rise above</u> (phrasal verb) transcend, go beyond, cut across (the limits of something).
- 58. <u>run into</u> (phrasal verb) reach, extend to, be as high as, be as much as (an amount).
- 59. shrug off (phrasal verb) disregard, dismiss, ignore.
- 60. <u>turn into</u> (phrasal verb) transform into; cause to become (a particular kind of thing).
- 61. charge up (phrasal verb) motivate, stimulate, excite.
- 62. <u>lay down</u> (phrasal verb) formulate, establish, institute, determine.
- 63. set up (phrasal verb) establish, start/begin, inaugurate, create.
- 64. leave out (phrasal verb) exclude, omit, miss out.
- 65. <u>add to</u> (phrasal verb) increase, intensify, heighten, aggravate, inflame, worsen, exacerbate.
- 66. go on to (phrasal verb) continue, proceed (to do something).
- 67. bring out (phrasal verb) disclose, reveal, expose, become known.
- 68. roll back (phrasal verb) reverse the progress of something.
- 69. carry out (phrasal verb) conduct, perform, execute.
- 70. <u>rely on</u> (phrasal verb) depend on; resort to, have recourse to.
- 71. go by (phrasal verb) to form an opinion about someone/something from the experience; follow, be guided by, take as a guide.
- 72. <u>come down</u> (phrasal verb) decline, reduce, lessen.
- 73. step up (phrasal verb) speed up, increase, accelerate, quicken.
- 74. work out (phrasal verb) develop, form, initiate/establish.
- 75. **hold back** (phrasal verb) stop, discontinue, withhold; restrict, restrain, block.
- 76. move ahead (phrasal verb) to make progress, advance.
- 77. speak out (phrasal verb) express, articulate, communicate, convey, voice (something straightforwardly & publicly).
- 78. hold out (phrasal verb) continue, persevere, keep going; have a feeling of (hope).
- 79. **switch over** (phrasal verb) change from one method/system to another.
- 80. <u>run on</u> (phrasal verb) continue, go on, carry on, keep going (without stopping).

- 81. scale up (phrasal verb) increase (in size or number).
- 82. play out (phrasal verb) happen, occur, take place.
- 83. get back (phrasal verb) find, recover, regain, retrieve.
- 84. <u>set in</u> (phrasal verb) (of something unpleasant/unwelcome) begin/start, arrive, develop.
- 85. <u>take forward</u> (phrasal verb) take responsibility for, give one's attention to, deal/cope with, make arrangements for, handle.
- 86. <u>cut off</u> (phrasal verb) block/stop, remove, discontinue (a standard method of doing/accessing something).
- 87. **buy off** (phrasal verb) to pay money dishonestly to someone to stop him/her from doing what you don't want them to do.
- 88. <u>trickle down</u> (phrasal verb) pass on benefits to the people at the bottom of the pyramid (by those at top of the system).
- 89. <u>take up</u> (phrasal verb) become involved in, engage in, take part in; accept, say yes to, agree to.
- 90. <u>take off</u> (phrasal verb) succeed, do well, become popular, progress, work out.
- 91. **guard against** (phrasal verb) beware of, keep watch for, be alert to, take care for, lookout for.
- 92. wake up (to) (phrasal verb) to realize, understand, become aware of something.
- 93. beef up (phrasal verb) strengthen, reinforce, consolidate, improve.
- 94. **go along with** (phrasal verb) agree to, agree with, comply with, cooperate with.
- 95. firm up (phrasal verb) make something more solid; make something more definite; reinforce, strengthen, solidify.
- 96. <u>come with</u> (phrasal verb) be associated with an event; exist/develop as a result of something; accompany.
- 97. **build up** (phrasal verb) strengthen, increase/raise, intensify, enhance, escalate.
- 98. slow down (phrasal verb) reduce, lessen decrease (one's activity).
- 99. break out (phrasal verb) flare up, begin/start suddenly, erupt, set in.
- 100. draw into (phrasal verb) get, make it, make one's way.
- 101. turn out (phrasal verb) transpire, happen; come to be, become.
- 102. <u>buy up</u> (phrasal verb) pay a large amount to acquire something completely.
- 103. lead up to (phrasal verb) be the cause of something.
- 104. <u>run out</u> (phrasal verb) use up, exhaust, finish, be out of.
- 105. look at (phrasal verb) consider, think of; analyse, review.
- 106. keep alive (phrasal verb) keep going, continue, sustain.

- 107. <a href="https://example.com/break-up">break up</a> (phrasal verb) destroy, put to an end, bring to an end (monopoly); disband, separate, disperse (monopoly).
- 108. stand up to (phrasal verb) defy, confront, challenge, oppose openly.
- 109. ramp up (phrasal verb) increase (in amount or number).
- 110. <u>pull down</u> (phrasal verb) knock down, demolish, topple.
- 111. **go ahead** (phrasal verb) to proceed, to continue to do something, to start/begin to do something.
- 112. stay away from (phrasal verb) avoid, to not get involved in.
- 113. <u>inure to</u> (phrasal verb) to adjust/adapt to something difficult or unpleasant; accustom, habituate, familiarize; (mostly law) to take effect, to be of use, benefit to an individual.
- 114. wind up (phrasal verb) conclude, bring to an close, end/finish.
- 115. <u>beat down</u> (phrasal verb) barter, bargain, negotiate (to reduce the price of something).
- 116. chip away (phrasal verb) make something weaker (gradually).
- 117. <u>double down</u> (phrasal verb) to be more firm & resolute on something (decided) even if that might be a risky choice; to double or increase a risk involved in doing something.
- 118. fork out (phrasal verb) pay money (reluctantly) for something.
- 119. <u>rest something on</u> (phrasal verb) place something hope, trust, confidence or blame) on someone.
- 120. <u>track down</u> (phrasal verb) find so meone/something after a painstaking/diligent search.
- 121. square up (phrasal verb) face, tackle, deal with (a difficulty/problem) firmly.
- 122. <u>talk up</u> (phrasal verb) to talk about something in a method to make it more interesting/attractive seemingly.
- 123. lie with (someone) (phrasal verb) be the responsibility.
- 124. turn away (phrasal verb) repel, reject, rebuff, send away.
- 125. **get away with** (phrasal verb) escape blame for, escape punishment for.
- 126. stand out (phrasal verb) be noticeable, be visible, be obvious.
- 127. use up (phrasal verb) exhaust, deplete, waste, spend.
- 128. set out (phrasal verb) present, describe, set forth.
- 129. draw up (phrasal verb) formulate, create, work out.
- 130. step down (phrasal verb) resign, give up one's post, stand down.
- 131. look up (phrasal verb) improve.
- 132. **come forward** (phrasal verb) volunteer, step forward.
- 133. **push back** (phrasal verb) force back, repel, fight off.
- 134. go down (phrasal verb) be recorded, be remembered.

- 135. lie in (phrasal verb) be present, be contained, exist.
- 136. get off (phrasal verb) escape, be acquitted.
- 137. <u>take out</u> (phrasal verb) remove, detach, separate.
- 138. put out (phrasal verb) publish, release, publicize/circulate.
- 139. bring in (phrasal verb) introduce, cause, bring about, create.
- 140. shut down (phrasal verb) cease activity, close down, cease operation.
- 141. scale down (phrasal verb) reduce, lower, decrease.
- 142. <u>borne out</u> past participle of <u>bear out</u> (phrasal verb) confirm, validate, vindicate, justify/support (a claim).
- 143. go onto (phrasal verb) continue, carry on, proceed.
- 144. <u>roll out</u> (phrasal verb) launch, introduce, organize, inaugurate (something officially).
- 145. <u>dispense with</u> (phrasal verb) discard, get rid of, do away with; forgo, renounce.
- 146. bounce back (phrasal verb) recover, revive, make a comeback, rally.
- 147. tick off (phrasal verb) mark an item in a list.
- 148. look forward to (phrasal verb) anticipate, expect, hope for.
- 149. ease off (phrasal verb) abate, subside, diminish, lessen, grow less.
- 150. <u>close in</u> (phrasal verb) to come nearer to something.
- 151. go through (phrasal verb) undergo, experience, be subjected to, live through.
- 152. get out of (phrasal verb) avoid, escape, evade, sidestep.
- 153. put behind (phrasal verb) to try to forget about an unpleasant thing.
- 154. seize of (phrasal verb) be aware of something; informed of something.
- 155. give up (phrasal verb) renounce, relinquish, abandon.
- 156. ram through (phrasal verb) force something through.
- 157. pull back (phrasal verb) withdraw, retreat, pull out, disengage.
- 158. call on (phrasal verb) visit, pay a visit to, go and see.
- 159. ride on (phrasal verb) depend on.
- 160. <u>look for</u> (phrasal verb) search for, try to find, hope to obtain something.
- 161. <u>hand over</u> (phrasal verb) grant, transfer, pass (responsibility).