

A PHRASAL VERBS (01-31MAR21)

1. **phase out** (phrasal verb) – provide/eliminate (something in gradual stages).
2. **rule out** (phrasal verb) – eliminate, reject, dismiss.
3. **run out** (phrasal verb) – exhaust, finish, use up, come to an end, end; be out of.
4. **wear out** (phrasal verb) – deteriorate, become worn, come to the end of its life, become useless.
5. **take up** (phrasal verb) – accept, say yes to, agree to, accede to, adopt; engage in, become involved in.
6. **ward off** (phrasal verb) – prevent, oppose, avert, resist.
7. **turn down** (phrasal verb) – reject, refuse, decline, say no to.
8. **narrow down** (phrasal verb) – reduce, lessen, decrease.
9. **take down** (phrasal verb) – remove, dismantle, demolish.
10. **speak out** (phrasal verb) – express, articulate, communicate, convey, voice (something straightforwardly & publicly).
11. **step aside** (phrasal verb) – leave, quit, withdraw, resign.
12. **serve out** (phrasal verb) – to complete, finish, end (a term in prison, office, etc.).
13. **make up for** (phrasal verb) – atone for, make amends for, compensate for, make recompense for, make reparation for, make redress for.
14. **bail out** (phrasal verb) – provide financial help/support to a person who faces serious financial difficulty.
15. **figure out** (phrasal verb) – understand, comprehend, work out, find an answer/solution to.
16. **reach out** (phrasal verb) – contact someone to obtain/offer help/assistance/cooperation.
17. **mete out** (phrasal verb) – dispense, give out, hand out (a punishment).
18. **lay out** (phrasal verb) – outline, frame, draft, draw up, formulate.
19. **move away from** (phrasal verb) – change/alter one's ideas/beliefs/views and so.
20. **crack down on** (phrasal verb) – get tough on, take severe measures against, clamp down on.
21. **stick to** (phrasal verb) – abide by, hold to, comply with, fulfil, make good.
22. **push back** (phrasal verb) – force back, repel, fight off.
23. **prevail over** (phrasal verb) – succeed, triumph, be victorious, gain mastery, prove superior.
24. **box in** (phrasal verb) – confine, restrain, constrain, trap, fence in, hem in.
25. **end up** (phrasal verb) – come/appear, find oneself (to a particular course of action in the end).
26. **set up** (phrasal verb) – establish, start/begin, inaugurate, create.
27. **look for** (phrasal verb) – search for, try to find, hope to obtain something.
28. **embark on** (phrasal verb) – start, begin, initiate/commence.
29. **step up** (phrasal verb) – increase, intensify, strengthen, augment.
30. **push ahead** (phrasal verb) – continue, proceed with (a plan of action).
31. **bring back** (phrasal verb) – cause someone/something to return to; reintroduce.
32. **scale down** (phrasal verb) – reduce, lower, decrease.
33. **pull out** (phrasal verb) – withdraw, retreat, get/move out.
34. **throw up** (phrasal verb) – produce something.
35. **lay down** (phrasal verb) – formulate, insist on, establish, determine.
36. **break down** (phrasal verb) – fail, collapse, founder, fall through, be unsuccessful, disintegrate.
37. **turn up** (phrasal verb) – arrive, come, go, be present, attend.
38. **find out** (phrasal verb) – notice, note, come to know, get to know.
39. **result in** (phrasal verb) – cause, bring on, bring about, call forth, give rise to.
40. **hand over** (phrasal verb) – pass, transfer, assign.
41. **shut down** (phrasal verb) – cease activity, close down, cease operation.
42. **account for** (phrasal verb) – constitute, comprise, form, represent.
43. **carry out** (phrasal verb) – conduct, perform, implement, execute, bring about.
44. **set in** (phrasal verb) – (of something unpleasant) begin, start, develop gradually.
45. **go by** (phrasal verb) – follow, observe something.
46. **rope in** (phrasal verb) – persuade, convince, urge (someone to take part in an activity).
47. **leave behind** (phrasal verb) – to leave a trace of something.
48. **pass off** (phrasal verb) – deceive, make up, pretend, misrepresent/misreport, falsify.
49. **clamp down on** (phrasal verb) – prevent, stop, put an end to; keep under control.
50. **shrug aside/shrug off** (phrasal verb) – dismiss, ignore, forget, disregard, set aside, pay no heed to.
51. **egg on** (phrasal verb) – urge, incite, provoke, induce.
52. **whip up** (phrasal verb) – arouse, trigger, prompt, induce.
53. **tide over** (phrasal verb) – sustain; support, assist, aid (someone in difficulty with money, food, etc.).

54. **wash away** (phrasal verb) – to remove, get rid of something completely.
55. **head off** (phrasal verb) – divert, deflect, redirect, reroute, turn aside, turn away.
56. **chase down** (phrasal verb) – run after and catch someone; follow and catch someone.
57. **see off** (phrasal verb) – deal with, tackle, handle someone/something successfully; defeat, overcome, crush.
58. **sweep up** (phrasal verb) – remove, clean, scrub, wipe.
59. **lock down** (phrasal verb) – confine, restraint, enclose, encircle/hem in.
60. **lock in** (phrasal verb) – to prevent someone from leaving a house (by locking the door).
61. **throw out** (phrasal verb) – reject, dismiss, veto/refuse.
62. **brush aside** (phrasal verb) – dismiss, disregard, ignore.
63. **throw open** (phrasal verb) – make something accessible/attainable suddenly & fully.
64. **hark back** (phrasal verb) – recall, remember, recollect, think of something from the past.
65. **call upon** (phrasal verb) – demand, require, ask formally.
66. **distance oneself from** (phrasal verb) – denounce, disown, reject, condemn, disagree with.
67. **push for** (phrasal verb) – demand, insist on, ask for; support, advocate, recommend, champion.
68. **bear upon** (phrasal verb) – be relevant to something.
69. **come up with** (phrasal verb) – produce, put forward, present/submit.
70. **go on** (phrasal verb) – happen, occur, take place.
71. **swear in** (phrasal verb) – admit into office, inaugurate, introduce (into office).
72. **go through** (phrasal verb) – search, look through; examine, study, scrutinize, inspect, read over, look at.
73. **go beyond** (phrasal verb) – to go past something, exceed, surpass.
74. **turn around** (phrasal verb) – change direction/course; reverse direction.
75. **scale up** (phrasal verb) – increase, augment; step up.
76. **take on** (phrasal verb) – face, challenge, confront.
77. **step out** (phrasal verb) – leave a building/place for a short period of time.
78. **set to** (phrasal verb) – start doing something aggressively.
79. **roll out** (phrasal verb) – launch, introduce, organize, inaugurate (something officially).
80. **point out** (phrasal verb) – identify, mention, indicate, draw attention to.
81. **bring about** (phrasal verb) – cause, create, produce.
82. **work out** (phrasal verb) – develop, form, initiate/establish.
83. **speed up** (phrasal verb) – hurry up, accelerate, move faster, go faster.
84. **rely on** (phrasal verb) – depend on; resort to, have recourse to.
85. **build on** (phrasal verb) – develop, enhance, expand on.
86. **take through** (phrasal verb) – explain, define, interpret, clarify.
87. **turn against** (phrasal verb) – become hostile to, take a dislike to, cause to be unfriendly towards; oppose, go against, reject, object, stand against.
88. **give up on** (phrasal verb) – stop having faith; stop having belief (in someone).
89. **dispense with** (phrasal verb) – discard, get rid of, do away with; forgo, renounce.
90. **turn out** (phrasal verb) – happen, develop, end (in a specific way).
91. **fade away** (phrasal verb) – diminish, disappear, decline, dwindle.
92. **put up** (phrasal verb) – display, present.
93. **bring up** (phrasal verb) – raise something (a point/issue) for discussion.
94. **add to** (phrasal verb) – increase, amplify, intensify.
95. **pick up** (phrasal verb) – improve, get better, recover, rally.
96. **play out** (phrasal verb) – happen, occur, take place.
97. **pull back** (phrasal verb) – withdraw, retreat, disengage.
98. **take over** (phrasal verb) – assume control of, take control of; seize, appropriate.
99. **set out** (phrasal verb) – present, describe, set forth.
100. **chalk up** (phrasal verb) – to think that a particular matter is caused by something. ascribe, attribute, connect/link with.
101. **stitch up** (phrasal verb) – arrange, organize (a deal/agreement to someone's benefit).
102. **be shorn of** (phrasal verb) – to have something important removed from you.
103. **bet on** (phrasal verb) – to be certain/confident that something will take place.
104. **trickle down** (phrasal verb) – pass on benefits to the people at the bottom of the pyramid (by those at top of the system).
105. **thrive on** (phrasal verb) – to enjoy something, particularly one that other people find unpleasant; to be successful at something particularly one that other people find difficult.
106. **weigh in** (phrasal verb) – to have influence (in a decision/discussion/plan/argument/activity); be important to, carry weight, make an impression on, make a strong contribution to.
107. **take forward** (phrasal verb) – give one's attention to, deal/cope with, address, handle.
108. **reason with** (phrasal verb) – talk round, win round, persuade, coax, prevail on, convince.
109. **throw in** (phrasal verb) – add, include something (free).
110. **draw up** (phrasal verb) – formulate, create, work out.
111. **hold on to** (phrasal verb) – keep or retain something.

112. **edge out** (phrasal verb) – remove an employee from a firm (indirectly).
113. **wake up** (to) (phrasal verb) – realize, become aware of, become heedful of.
114. **kick in** (phrasal verb) – come into operation, come into effect.
115. **gear up** (phrasal verb) – get ready, prepare, equip (oneself) for something.
116. **pass through** (phrasal verb) – go through, undergo, get through, traverse, pass over, infiltrate.
117. **see through** (phrasal verb) – fathom, realize, understand.
118. **borne out** past participle of **bear out** (phrasal verb) – confirm, validate, vindicate, justify/support (a claim).
119. **walk out** (phrasal verb) – depart, get out, leave suddenly; desert, abandon.
120. **set off** (phrasal verb) – give rise to, cause, trigger, prompt, bring about.
121. **step down** (phrasal verb) – give up, stand down, abdicate, renounce.
122. **look after** (phrasal verb) – take care of, care for, attend to.
123. **open up** (phrasal verb) – become accessible; become available.
124. **rest on** (phrasal verb) – be based on, depend on, be dependent on, rely on.
125. **call for** (phrasal verb) – require, publicly ask/necessitate, demand.
126. **take off** (phrasal verb) – remove, discard, shrug off.
127. **turn away** (phrasal verb) – repel, reject, rebuff, send away.
128. **come in** (phrasal verb) – enter, arrive, be involved, to take part in something.
129. **shoot down** (phrasal verb) – gun down, hit with a bullet/missile.
130. **slow down** (phrasal verb) – reduce, lessen decrease (one's activity).
131. **put together** (phrasal verb) – organize, arrange, sort out.
132. **ramp up** (phrasal verb) – increase (in amount or number).
133. **speak of** (phrasal verb) – mention, talk about, discuss, refer to.
134. **harp on** (phrasal verb) – talk or write/complain continuously and lengthy on a particular subject.
135. **get past** (phrasal verb) – if something such as a proposal gets past someone, it is accepted by someone who has the power to stop it happening; able to overcome.
136. **snuff out** (phrasal verb) – kill (in a sudden manner).
137. **think through** (phrasal verb) – assess, contemplate, evaluate, ponder, reflect on.
138. **stir up** (phrasal verb) – cause, produce, generate, give rise to, trigger.
139. **weigh down** (phrasal verb) – burden, impede, depress, oppress, make difficult.
140. **call out** (phrasal verb) – criticize someone for something (bad/incorrect) publicly and ask them to justify/explain it.
141. **come up** (phrasal verb) – arise, present itself, occur, happen, emerge, surface.
142. **match up to** (phrasal verb) – be equal to, be as good as.
143. **set aside** (phrasal verb) – overrule, overturn, reverse, revoke, rule against, nullify.
144. **act upon** (phrasal verb) – take action according to, act in accordance with.
145. **fall apart** (phrasal verb) – disintegrate, break up, fall into pieces.
146. **descend into** (phrasal verb) – degenerate, deteriorate, decline.
147. **stand up against** (phrasal verb) – defy, confront, or oppose vigorously.
148. **keep from** (phrasal verb) – keep secret, hide, conceal, not tell.
149. **strike down** (phrasal verb) – abolish, annul, nullify (a law or regulation).
150. **stand out** (phrasal verb) – be noticeable, be visible, be obvious.
151. **come after** (phrasal verb) – follow.
152. **go back (to)** (phrasal verb) – revert to, return.
153. **stand on** (phrasal verb) – be careful in carrying out something.
154. **leave out** (phrasal verb) – exclude, omit, miss out.
155. **hold back** (phrasal verb) – stop, discontinue, withhold; restrict, restrain, block.
156. **turn in** (phrasal verb) – provide something to someone (in power).
157. **move on** (phrasal verb) – leave & start doing something new.
158. **hand out** (phrasal verb) – give out, issue, provide.
159. **level against** (phrasal verb) – direct (an accusation/charge).
160. **show up** (phrasal verb) – be conspicuous; be clearly visible.
161. **wind up** (phrasal verb) – conclude, bring to a close, end/finish.
162. **ride on** (phrasal verb) – depend on.
163. **step in** (phrasal verb) – act, take action, become involved, get involved.
164. **try out** (phrasal verb) – test, experiment (something new).
165. **take out** (phrasal verb) – remove, detach, separate.
166. **bring down** (phrasal verb) – overthrow, depose, oust, unseat, overturn, topple.
167. **wean away (from)** (phrasal verb) – to detach, disconnect, separate someone from depending on something.
168. **get back** (phrasal verb) – recoup, reclaim, recover, regain, retrieve.
169. **break out (of)** (phrasal verb) – to escape from, to flee from.