

## PHRASAL VERBS

1. **Call for**(की मांग करना) (phrasal verb) - require, publicly ask/ necessitate, demand.  
They **called** for an investigation into how the investments were made and who is responsible.
2. **Get away from**(बचना) (phrasal verb) - escape, elude/ dodge, get rid of.  
I needed to **get away** from the pressures of work.
3. **Account for** (phrasal verb) - to form the total of something: Students **account** for the vast majority of our customers. Existing and being to give a reason or explanation for (something)  
कारण बताना  
*How do you account for the company's high staff turnover?*
4. **Hold off** (phrasal verb) - hold back, delay/ to delay or postpone an action or decision Buyers have been holding **off** until the price falls
5. **Bank on** (phrasal verb) - rely on, depend on, count on.  
*Can I bank on your support?*
6. **Usher in** (phrasal verb) - to start/begin, initiate/introduce.  
*The talks ushered in a new era of international co-operation.*
7. **Strike down** (phrasal verb) - abolish, annul, nullify (a law regulation esp. an illegal one).  
*The court struck down the law on the grounds that it was unconstitutional.*
8. **Spring out/up** (phrasal verb) - appear, develop, arise (suddenly). उत्पन्न होना  
*Thousands of new businesses have sprung up in the past couple of years*
9. **Drum up** (phrasal verb) - to try to increase business activity to get support for something.  
*Retailers are trying to drum up sales with pricecuts.*
10. **Lay down** (phrasal verb) - formulate, stipulate, enact (a rule). स्थापित करना  
*The coach laid down the rules from the first day of practice*
11. **Take up** (phrasal verb) - accept agree, undertake. शुरू करना  
*I'm not very good at golf - I only took it up recently*
12. **Set aside** (phrasal verb) - overrule, overturn, cancel/dismiss. परवा न करना to decide not to consider something:  
We need to **set aside** our differences and begin to cooperate
13. **Get around** (phrasal verb)  
To circumvent or evade: *managed to get around the rules.*  
2.To deal with; overcome: *got around the problem.*  
3.To convince or win over by flattering or cajoling.  
4.To travel from place to place: *It is hard to get around without a car.*  
5. To become known; circulate: *Word got around.*
14. **Chalk out** (phrasal verb) - plan, devise/conceive, formulate. रूपरेखा प्रस्तुत करना  
We need to chalk out our financial planning
15. **Get away with** (phrasal verb) - escape blame for, escape punishment to manage to do something bad without being punished or criticized for it. They have repeatedly broken the law and **got away** with it.
16. **Push through** (phrasal verb) - succeed in passing a law accepted by the people who oppose it.  
The president is trying to **push through** various tax reforms.
17. **Hold out** (phrasal verb) - continue, persevere, keep going.; प्रतिरोध करना resist or survive in difficult circumstances.  
"British troops **held out** against constant attacks"
18. **Hold back** (phrasal verb) - desist, discontinue, refrain from doing something.; रोक सकना  
She kept trying to **hold back** her tears.
19. **Clear up** (phrasal verb) - solve, resolve, answer.; ठीक करना (of an illness or bad weather) to go away, changing into a better condition:  
*If my cold doesn't clear up, it will ruin my vacation.*  
*Let's hope the weather clears up.*
20. **Crank up** (phrasal verb) - increase, enlarge, raise.  
*The kids cranked up the volume on the stereo*

*If we don't crank up our efforts, we'll never meet our goal for the fundraiser.*

21. **Run into** (phrasal verb) - experience, encounter, meet with.  
I ran **into** my boss at the supermarket. reach (a level or amount). "debts running into millions of dollars"
22. **Lash out** (phrasal verb) - criticize, attack, censure verbally.  
I was only teasing him and suddenly he **lashed out** (at me) and hit me in the face.
23. **Walk back** (phrasal verb) - reverse, change; retreat.  
*He has since walked back his opposition to the bill.*
24. **Lie in** (phrase verb) - be present, exist.  
His skill **lies** in his ability to communicate quite complex ideas very simply.
25. **Double down** (phrasal verb) - to be more firm & resolute on something (decided) even if that might be a risky choice. to continue to do something in an even more determined way than before;  
to significantly increase or strengthen effort, investment, or resolve toward some goal, strategy, or action so as to maximize the potential yield as a result  
*The president made clear that he intends to double down the government's involvement in the war overseas*  
*With the market booming, many companies are doubling down their development in mobile apps and games.*
26. **Back down** (phrasal verb) - withdraw, give in.  
If you **back down**, you withdraw a claim, demand, or commitment that you made earlier, because other people are strongly opposed to it.  
*Local residents have forced the local council to back down from/on its plans to build a nightclub on their street.*
27. **Stand for** (phrasal verb) - advocate, champion, uphold/support (an idea).  
*The party is trying to give the impression that it alone stands for democracy.*
28. **Claw back** (phrasal verb) - a situation in which a government or company takes back money that it has already paid. retrieve, retake, reclaim., वसूली करना  
*They will eventually be able to claw back all or most of the debt.*
29. **Push back** (phrasal verb) - postpone, stall, delay.  
How do we push back against urban poverty without replacing one need with another need?

a negative or unfavourable reaction or response. "we got some pushback on the new pricing"

30. **Throw open** (phrasal verb) - make something accessible/attainable suddenly & fully.; खोल देना  
His withdrawal **threw open** the nomination to all comers
31. **Carve out** (phrasal verb) - create, establish, take out (something with effort from a whole).; कड़ी मेहनत से कमाना to create or obtain something that helps you by skillful activities )  
She **carved out** a reputation for herself as a high-powered lawyer
32. **Strike out** (phrasal verb) - to start doing something new, independently of other people  
*After working for her father for ten years, she felt it was time to strike out on her own* be unsuccessful, fail.  
"the company struck out the first time it tried to manufacture personal computers"
33. **Give up** (phrasal verb) - abandon, forgo, renounce.
34. **Bank on** (phrasal verb) - rely on confidently. , depend on, count on. "the prime minister cannot bank on their support"
35. **Beat back** (phrasal verb) - to force (someone) to go back or to retreat by fighting repel, fight off, repulse/drive away.; मार भगाना  
Our troops were beaten **back** by enemy forces
36. **Step down** (phrasal verb) - resign, give up one's job, stand down.  
"he stepped down as party leader"
37. **Pull out** (phrasal verb) - withdraw, leave, get out.
38. **Put forward** (phrasal verb) - propose, table, submit.  
The proposals that you have **put forward** deserve serious consideration.
39. **Lay down** (phrasal verb) - formulate, stipulate, set down. if you **lay down** a rule or a principle, you state officially that people must obey it or use it  
*You can't lay down hard and fast rules.*
40. **Look after** (phrasal verb) - take care, manage, provide for, support.
41. **Push through** (phrasal verb) - succeed in passing a law accepted by the people who oppose it.  
The president is trying to **push through** various tax reforms.
42. **Call for** (phrasal verb) - require, publicly ask or demand.  
"the report calls for an audit of endangered species"

43. **Contend with** (phrase verb) - cope with, face, grapple/deal with.; to have to deal with a difficult or unpleasant situation:  
At the age of nine, he had the death of both parents to **contend** with.
44. **Draw on** (phrasal verb) - make use of, exploit, use/utilize.  
to use information or your knowledge of something to help you do something:  
*His novels draw heavily on his childhood.*
45. **Stand with** (phrasal verb) - stand by, support, be loyal to.  
*I'll stand with you to the end.*
46. **Sail through** (phrasal verb) - to succeed very easily in something  
Rachel sailed **through** her finals and got A's in everything.
47. **Lay bare** (phrasal verb) -to reveal or explain, expose, disclose; प्रकट कर देना  
*he laid bare his plans.*
48. **Crash out** (phrasal verb) If someone **crashes out** somewhere, they fall asleep where they are because they are very tired or drunk.  
I just want to **crash out** on the sofa. .  
**crash out (of something)**: to lose a game with the result that you have to stop playing in a competition; eliminate  
*They crashed out of the World Cup after a 2-1 defeat to Brazil.*
49. **Lie in** (phrasal verb) - be present, be contained, exist.  
to exist or be found in something:  
His skill **lies** in his ability to communicate quite complex ideas very simply.
50. **Do away with** (phrasal verb) - abolish, discard, remove.  
put an end to; remove.  
People thought that the use of robots would do away with boring low-paid factory jobs.
51. **Go away** (phrasal verb) - to end, to stop existing/happening.  
*The pain should go away in a couple of hours.*
52. **Let down** (phrasal verb) - fail to support, disappoint, abandon/neglect.  
The families of the victims feel that the justice system has **let them down**.
53. **Rely on** (phrasal verb) - depend on; resort to, have recourse to.
54. **Get along** (phrasal verb) - be friendly, be in harmony, be compatible.
55. **Call off** (phrasal verb) - cancel, abandon, shelve/drop.
56. **Set up** (phrasal verb) - establish, start, begin.
57. **Brush aside** (phrasal verb) - dismiss, disregard, ignore.  
He **brushed aside** questions about his son's arrest.
58. **Rope in** (phrasal verb) - enlist, engage, persuade.; मनाना  
to force or persuade someone to join a group or become involved in something:  
The National Guard **roped** him in for another two years of service
59. **Stick to** (phrasal verb) - adhere to/abide by, keep, hold to.
60. **Step up** (phrasal verb) - increase, strengthen, accelerate.  
to take action when there is a need or opportunity for it:  
*Investors have to step up and assume more responsibility for their assets.*
61. **Wean off** (phrasal verb) - to detach, disconnect, o make someone gradually stop depending on something that they like and have become used to, especially a drug or a bad habit.  
*We're trying to wean ourselves off watching too much television.*
62. **Throw up** (phrasal verb) - produce something.  
*The meeting threw up some interesting ideas.*
63. **Come forward** (phrasal verb) - volunteer, step forward.
64. **Give up** (phrasal verb) - abandon, forgo, renounce.
65. **Warm to** (phrasal verb) - like, take to, become supportive of. **warm up to sb to start to like someone**  
Ali immediately warmed to him
66. **Lie in** (phrasal verb) - be present, be contained, exist.
67. **Turn up** (phrasal verb) - arrive, attend, be present.;  
**If a better situation or an opportunity to do something turns up,**  
**it happens or becomes available unexpectedly or in a way that was not planned:**  
*Don't worry about it - something will turn up, you'll see.*
68. **Rein in** (phrasal verb) - restrict, control, restrain. रोकना to limit or control (someone or something)  
*His administration's economic policy would focus on reining in inflation.*
69. **Tone down** (phrasal verb) - moderate, mitigate, modify/soften.  
People will be more likely to listen to you if you **tone down** your language a little.
70. **Sit down** (phrasal verb) - accept/tolerate (tough situation).

150 countries sat down to discuss the impact of human activities on the atmosphere.

71. **Fall over** (phrasal verb) - crash, collapse, stop working.  
*I fell over the skates that you left on the stairs.*
72. **Call for** (phrasal verb) - require, publicly ask/necessitate, demand.
73. **Take on** (phrasal verb) - compete against, oppose, challenge/confront. मुकाबला करना  
If you **take on** a job or responsibility, especially a difficult one, you accept it.  
*No other organisation was able or willing to take on the job.*
74. **Drop out** (phrasal verb) - withdraw from, give up, cancel.  
*He dropped out of school when he was 16*
75. **Let down** (phrasal verb) - fail to support, disappoint, abandon/neglect.
76. **Dwell on** (phrasal verb) -  
to keep thinking or talking about something, especially something bad or unpleasant:  
In his speech, he dwelt on the plight of the sick and the hungry. linger over, think about, mull over.
77. **Catch up with** (phrasal verb) - succeed in reaching a person who is ahead of one; to draw level with.  
We left before them, but they soon **caught us up** again.
78. **Lag behind** (phrasal verb) - trail, fall back, grow/develop slowly. fall behind (phrasal verb) - default, be overdue, lag.
79. **Stand up to** (phrasal verb) - defy, confront, challenge.; डट कर सामना करना  
to defend yourself against a powerful person or organization when they treat you unfairly:  
He wasn't afraid to **stand up** to bullies.
80. **Die down** (phrasal verb) - come to an end, drop/stop, diminish; to gradually become less strong.  
... She waited for the noise to **die down** before she started singing.
81. **Map out** (phrasal verb) - outline, set out, detail.; to plan the details of (something, such as a program or one's future) We **mapped out** a plan of action.; योजनाबद्ध करना
82. **Flesh out** (phrasal verb) - expand, add detail to, augment/refine.; अतिरिक्त ब्योरा जोड़ना  
to add more detail when describing or explaining something: Emily should have included these pieces of information to **flesh out** her argument
83. **Step back** (phrasal verb) - withdraw, disengage, pull out/pull back.
84. **Harp on** (phrasal verb) - talk or write/complain continuously and lengthy on a particular subject.; बडबडाना  
She kept harping on the fact that she had no household help at all .
85. **Crop up** (phrasal verb) - happen, occur, arise.; सामने आना some urgent business had cropped up
86. **Come up** (phrasal verb) - occur or present itself, especially unexpectedly when the opportunity came up again we didn't hesitate
87. **Cry out for** (phrasal verb) - require, demand, need.  
*The country is crying out for a change in leadership.*
88. **Put out** (phrasal verb) - publish, release, publicize/circulate.  
*The French news agency put out a statement from the Trade Minister*
89. **Cut into** (phrasal verb) - obstruct, interrupt, interfere; to interrupt an activity or process
90. **Grapple with** (phrasal verb) - tackle, deal, struggle.
91. **Leave aside** (phrasal verb) - neglect, ignore, snub/brush off.
92. **Throw up** (phrasal verb) - produce something.
93. **Rely on** (phrasal verb) - depend on; resort to, have recourse to.
94. **Hold out** (phrasal verb) - resist or survive in difficult circumstances; withstand  
"British troops **held out against** constant attacks"
95. **Stick to** (phrasal verb) - adhere to/abide by, keep, hold to.
96. **Back off** (phrasal verb) - पीछे हटना retreat, withdraw, draw back. draw back from action or confrontation.  
"they **backed off from** fundamental reform of the system"
97. **Write off** (phrasal verb) - disregard, dismiss, ignore (someone/something as insignificant). नकारना  
*He is fed up with people writing him off because of his age.*
98. **Look forward to** (phrasal verb) - wait for, count on, expect.
99. **Show off** (phrasal verb) - display one's abilities.
100. **Stand by** (phrasal verb) - support, stand up for, uphold/defend.
101. **Chip away at** (phrasal verb) - to gradually make something weaker, smaller, or less effective. धीरे-धीरे नष्ट करना  
The company's dominance of the market is gradually being chipped **away**. **chip away at** .

102. **Lag behind** (phrasal verb) - trail, fall back, grow/develop slowly.
103. **Win over** (phrasal verb) - persuade, talk round, induce.; to succeed in getting someone's support or agreement, esp. when the person was previously opposed to you ; राजी करना  
He had some good ideas, but failed to **win over** Congress.
104. **Keep out** (phrasal verb) - exclude, deny access to, prohibit.
105. **Set off** (phrasal verb) - give rise to, cause/ invoke, begin/start.  
*What time do we set off tomorrow?*
106. **Nut up** (phrasal verb) - provide, give, furnish.
107. **Drive down** (phrasal verb) - force, impel press, (price/rate to go down).; to force a price, value, etc. to go **down**:  
The company's primary concern was to increase competition and **drive down** prices.
108. **Draw up** (phrasal verb) - prepare, formulate, arrange; रूपरेखा बनाना  
*I've drawn up a list of candidates that I'd like to interview.*
109. **Pop up** (phrasal verb) - appear abruptly, occur suddenly, arrive.  
*She's one of those movie stars who pops up everywhere, on TV, in magazines, on Broadway.*
110. **Keep up with** (phrasal verb) - match, equal, compete/vie with.  
Wages are failing to **keep up** with inflation
111. **Lie ahead** (phrasal verb) - be going to happen.  
"I'm excited by what lies ahead"
112. **Boil over** (phrasal verb) - reaching the point at which a condition becomes more serious (due to angry) & it cannot be controlled.  
Union members' frustrations **boiled over** in demonstrations this weekend.
113. **Claw back** (phrasal verb) - retrieve, retake, reclaim.
114. **Call on** (phrasal verb) - demand, ask, request.  
to ask someone to do something: She **called on** Americans to be more tolerant of each other.
115. **Come up with** (phrasal verb) - produce, devise, propose.  
*She's come up with some amazing scheme to double her income*
116. **Crash out** (phrasal verb) - eliminate.
117. **Rule out** (phrasal verb) - exclude, eliminate, reject. ; खारिज कर देना exclude, eliminate. 2 : to make impossible : prevent  
Heavy rain **ruled out** the picnic.
118. **Mop up** (phrasal verb) - बुरी तरह से पछाड़ देना  
to **finish the last part of a job after most of it has been completed** *The battle had been won,*  
*but two infantry units were left behind to mop up.*
119. **Cast away** (phrasal verb) - discard/reject, abandon, leave behind.
120. **Come under** (phrasal verb) - be subjected to.
121. **Call off** (phrasal verb) - cancel, abandon, shelve/drop.
122. **Fold up** (phrasal verb) - fail, collapse/crumble, give up.  
small businesses were *folding up* right and left
123. **Turn away** (phrasal verb) - refuse admittance to, send away, reject/rebuff/repel.
124. **Shore up** (phrasal verb) - bolster up, support, buttress/strengthen.; मजबूत करना  
The tax cuts are supposed to *shore up* the economy.
125. **Play down** (phrasal verb) - कम करके दिखाना  
under-emphasize, downplay, understate; to make something seem less important or less bad than it really is:  
Military spokespeople tried to **play down** the seriousness of the disaster.
126. **pop up** (phrasal verb) - appear abruptly, occur suddenly, arrive.
127. **Set on** (phrasal verb) - strike, attack, hit.
128. **Account for** (phrasal verb) - constitute, make up, comprise/form.
129. **Contend with** (phrase verb) - cope with, face, grapple/deal with.
130. **Factor in** (phrasal verb) - included/added as a factor/point when making a decision.  
People are earning more, but when inflation is factored in, they are no better off.
131. **Rustle up** (phrasal verb) - तैयार करना produce, make, **to make, find, or prepare something quickly:**  
*Give me a minute and I'll rustle up some scrambled eggs.*
132. **Crowd out** (phrasal verb) - oust, overthrow, remove.; बाहर कर देना  
The quick-growing grass is crowding **out** native plants.
133. **Keep away** (phrasal verb) - stay away, keep away, withdraw.
134. **Reach out** (phrasal verb) - contact someone to obtain/offer help/assistance/cooperation.
135. **Pull out** (phrasal verb) - withdraw, leave, get out.
136. **Take on** (phrasal verb) - compete against, oppose, challenge/confront. मुकाबला करना
137. **Kick in** (phrasal verb) - come into effect.  
"the hospital's emergency generators kicked in"
138. **Prop up** (phrasal verb) - support, assist, help.

*This new initiative is*

*a desperate attempt to prop up the economy.*

139. **Swear by** (phrasal verb) - believe in, express confidence in, trust.  
My dad swears by these vitamin pills.
140. **Look forward to** (phrasal verb) - wait for, count on, expect.
141. **Pass through** (phrasal verb) - go through, experience, undergo.
142. **Pump in** (phrasal verb) - invest a large sum of money in something.
143. **Draw up** (phrasal verb) - prepare, formulate, arrange.
144. **Throw open** (phrasal verb) - make something accessible/attainable suddenly & fully.
145. **Rein in** (phrasal verb) - restrict, control, restrain.
146. **Cool down** (phrasal verb) - control, regain, recover (to normal state).
147. **Ramp up** (phrasal verb) - increase.  
*They saw a ramp-up in orders.*
148. **Come up with** (phrasal verb) - produce, devise, propose.
149. **Rely on** (phrasal verb) - depend on; resort to, have recourse to.
150. **Pare down** (phrasal verb) - reduce, diminish, decrease.; to **pare down** one's expenses
151. **Train on** (phrasal verb) - aim, point, position.  
*The guards trained their rifles on us as we approached the gate.*

GUPTA CLASSES